



OFFICIAL RULES

RCS Sports and Events DMCC is the agency appointed by RAKTDA, to work on their behalf in the organization and the management of the RAK HALF MARATHON, officially called "THE RAK HALF MARATHON 2020", road race of top international level of 21.0975km.

The race will take place Friday, February 21, 2020 in Ras Al Khaimah, Al Marjan Island.

If the race is cancelled and/or otherwise not carried out for any reason not related to and beyond the will of the organizers, including the revocation of race authorization by competent Public Authorities, the enrolled athlete will have nothing to claim from organizers or other co-organizers, even in the form of reimbursement of the costs incurred and to be incurred. The enrollment itself is valid as a waiver of any claim for financial damages already suffered and to be suffered in the future.

In addition to the Half Marathon distance (21.0975km), the event includes also two Half Marathons Relays, teams of 2 and 4, a timed 5km and a non-timed 1km Fun Run.

PARTICIPATION RULES

The race is open to all athletes of any nationality.

All the participants must be at least 16 years of age for the 21,0975km half marathon and 14 years of age for the 5km and the half marathon relay teams of 4 on race day. The 1km Fun Run is open to all ages. All competitors must comply with age restrictions and entry requirements. Participants under specified minimum age requirements are not covered by our insurance and should not take part for their own safety.

For those who want to register in the 4X5km Half Marathon Relay or in the 2X10km Half Marathon Relay, each team (which can also be mixed male/female) must consist of 4 or 2 people. Entries will only be accepted per team. Individual registrations are not possible.

Runners compete in the race under their own responsibility and are strongly advised to have appropriate medical insurance which covers their participation.

Only those who have officially registered can take part in the race. Runners without the official running bib worn on the front of their shirt will be disqualified and may be directed off the course immediately.

Roller-skates, inline skates, bikes, and non-exempt wheeled contraptions of any kind are not allowed on the course. If you are seen with any of these, you will be directed off the route.

If you wish to run with your baby or child (using a stroller/buggy suitable for running is exempt from the previous prohibited wheeled items) you must start at the back of the runners to avoid injury and to prevent inhibiting other/faster runners.

Slower runners/walkers are asked to start near the end of the pack to avoid being crowded or bumped.

Pets are forbidden on the course.

Participants may not swap race numbers. Offenders will be disqualified from the race.



All registered entrants must start in the correct seeded start area, identified by bib number and start gates. Starting in the wrong start area will be cause for disqualification.

Please do not wear jewellery or carry precious items with you during the race. The organizers will not be held responsible for any lost valuables.

Any action or inaction deemed as an infraction of the rules of entry / participation may lead to disqualification. Disqualified participants may still be awarded a finish time but will be ineligible for prizes/awards. The decision of the Race Director, Race Referees and/or the Organizing Committee in all matters is final. All participants acknowledge and accept the waiver on this document when entering the race.

ENTRY FEES

- Half Marathon = AED295 including race pack delivery
- 4X5km Half Marathon Relay = AED900 including pack delivery
- 2X10km Half Marathon Relay = AED500 including pack delivery
- 5km RUN = AED70 including race pack delivery
- 1km FUN RUN = AED50 1x Parent runs for free/including delivery (not timed)

Important! Please note that race pack delivery in the UAE is only included in the price if registered before 31 January 2020, or the service has been paid for, such as in the case of an international athlete/s.

REGISTRATION INCLUDES

- race number
- insurance against civil liability
- technical and medical assistance
- goody bag containing products from sponsors
- official t-shirt
- refreshments
- finish bag with food and beverages
- program and information materials
- timing service
- finisher's medal
- personal clothes deposit (in the special "container bag" provided by the organization)

HOW TO REGISTER

Registration must be made online, following the instructions available on the <https://www.therakhalfmarathon.com> website.

OFFICIAL "CONFIRMATION LETTER"

A few days before the race, all athletes enrolled will receive an email valid as official "letter of confirmation".

This email will contain all the basic instructions for the race participation. You do not need to print a hard copy of the email itself; you can bring it on a device like a smartphone or tablet.



REFUND OF ENTRY FEES

The registration cannot be postponed to the following year or transferred to another person.

There will be no refund or transfer of participation for those participants who do not take part or if the event is cancelled for whatever the reason.

REGISTRATION DEADLINE

Registrations closes for the race pack delivery on 21st of January 2020.

Registrations online will close on 15 February 2020 at 23:59. Applications received after that term will not be accepted. The organization reserves the right to close registration in advance or to accept registrations after the closing date at its sole discretion.

In any case, entries will not be accepted on the day of the event.

ASSIGNMENT OF RACE NUMBERS

Race numbers will be assigned automatically in steps (i.e. those who register first will have a lower start number compared to those who register later).

At each athlete will be assigned a specific start sector. The sector will be indicated on the bib number, through the use of specific colours, to facilitate entry in their respective "corral".

The starting sectors will be determined on the basis of the "qualifying time" declared by the applicants, according to the chart below. For the allocation of the starting areas will be accepted the *net times* recorded from January 1, 2016 onwards on the marathon and half marathon distance, on IAAF approved routes.

SECTORS

1st starting sector: top athletes, with name on bib

2nd red sector: athletes with time up to 1:19:59 and athletes with bib assigned at the discretion of the Organizing Company

3rd blue sector: athletes from 1:20:00 to 1:29:59

4th green sector: athletes from 1:30:00 to 1:39:59

5th yellow sector: athletes from 1:40:00 until 1:49:59

6th sector orange: athletes from 1:50:00 until 1:59:59

7th white sector: athletes from 2:00 and beyond

Please note that for those registered in the Half Marathon Relay the bibs will indicate the team number and the letter identifying the leg.

4X5km Half Marathon Relay - A: first fraction, B: second leg, C: third leg, D: fourth leg;

2X10km Half Marathon Relay - A: first fraction, B: second leg.



NUMBERS AND GOODY BAGS PICK-UP

Race numbers and goody bags can be collected at the RAK Half Marathon Official Hotel, at DoubleTree by Hilton Resort & Spa Marjan Island from 18-20 February.

There is no race bag and bib collection on February 21st.

The race number is strictly personal, it cannot be tampered with or reduced and is not transferable to anyone, under penalty of disqualification. The bib incorporates the timing chip (which must not be tampered with in any way) and must be applied with the appropriate pins.

DEPOSIT FOR BAGS WITH PERSONAL CLOTHES

Alongside the bib number at each athlete will be given a label (bearing the race number) to be placed on the bag provided by the organization in which personal clothes can be stored.

The bag received by the organizers will be the only container accepted by the organization. It should be delivered to the employees at the bag deposit in the designated area at the start/finish, where it will be kept and where it can be withdrawn by the athlete at the end of the race.

The service is available only for half marathon, relays and 5km participants.

It is advisable not to leave personal belongings (mobile, wallet, etc.) inside the bags. While ensuring the utmost care in the custody of the bag, the organization will not be responsible for any theft.

START

The start of the RAK Half Marathon, the Half Marathon Relay (ONLY THE FIRST LEG) are scheduled from 7.00am on Al Marjan Island.

A bus shuttle service will be provided for those registering in the Half Marathon Relay to reach the zone change.

The official departure time as well as the bus shuttle timing and all the information regarding the starting process will be communicated to participants in the days before the event. It is noted that small variations are possible due to technical and organizational needs.

TIMING

Time measurement and processing of the rankings will be electronically made with a system based on an active disposable transponder ("chip") attached to the race number. It is forbidden to tamper with the chip and the support that fixes it to the bib. Athletes who in any way loose and/or damage the "chip" will not be timed and will not be in the rankings.

For each athlete will be taken: official time (from gunshot to finish line), net time (from the moment you cross the start line to the finish line), intermediate times at km 5, 10, 15 and 20.



The Half Marathon Relay time measurement and processing of the rankings will be electronically made with a system based on an active transponder ("chip") that will act as a "baton" among the relay runners. It is strictly forbidden to tamper with the chip. Athletes who in any way damage the "chip" will not be timed and will not be in the rankings.

For each team it will be recorded the official race time (from the start gunshot of the first leg until the last runner crosses the finish line) and the time of each leg (with time detection at the entry and exit of each zone change to allow all runners to receive a time measured on the same distance, regardless of the actual place where the baton exchange will take place).

TIME LIMITS

Time limit to finish the half marathon is 3 hours with police and medical support. Any remaining participants after this time are requested to run on the footpaths.

REFRESHMENT STATIONS

As per IAAF rules, there will be refreshment stations with water after the finish line and every 2.5 kilometers along the course. On the 5km, 10km, 15km and 20km fruit and energy gels will also be available.

WITHDRAWN ATHLETES

Athletes with an injury or who want to leave the race can get on the "sweep bus" following the last runner. From there they will be transported to the finish area, where they can reclaim their bags.

MEDICAL ASSISTANCE

The organization will provide the runners with a timely and qualified medical service, to help all athletes in difficulty.

An advanced medical post (PMA) will be located after the finish line. Along the course, aid stations, ambulances and medical cars will be available.

PACERS

Various groups of pacers will be at the runners disposal. These are athletes trained to run the marathon at a constant pace to complete the course within a specific time.

Pacers will be offered to run the half marathon in: 1h30, 1h40, 1h50, 2h00, 2h10, 2h20.

FINISH

After the finish line, athletes will be channeled into special corridors to receive the finisher's medal, access to the various services (refreshment station, bag deposit, dressing rooms, toilets, etc.).



RESULTS AND STANDINGS

Partial and final results will be available in real time by following the appropriate link. Similarly, you can download the finisher's certificate from the results page.

PRIZE PURSE (applicable to half marathon)

RAK Half Marathon Prize Money - Elite					
		Man		Woman	
1	AED	50.000,00	AED	50.000,00	
2	AED	35.000,00	AED	35.000,00	
3	AED	25.000,00	AED	25.000,00	
4	AED	18.000,00	AED	18.000,00	
5	AED	15.000,00	AED	15.000,00	
6	AED	10.000,00	AED	10.000,00	
7	AED	7.500,00	AED	7.500,00	
8	AED	5.500,00	AED	5.500,00	
9	AED	3.500,00	AED	3.500,00	
10	AED	2.000,00	AED	2.000,00	
TOTAL		AED 171.500,00		AED 171.500,00	

RAK Half Marathon UAE National					
		Man		Woman	
1	AED	1.000,00	AED	1.000,00	
2	AED	600,00	AED	600,00	
3	AED	400,00	AED	400,00	
TOTAL		AED 2.000,00		AED 2.000,00	



RAK Half Marathon Age Group Prize Money					
		Man		Woman	
18-30	1	AED	1.000,00	AED	1.000,00
	2	AED	600,00	AED	600,00
	3	AED	400,00	AED	400,00
31-40	1	AED	1.000,00	AED	1.000,00
	2	AED	600,00	AED	600,00
	3	AED	400,00	AED	400,00
41-50	1	AED	1.000,00	AED	1.000,00
	2	AED	600,00	AED	600,00
	3	AED	400,00	AED	400,00
51-60	1	AED	1.000,00	AED	1.000,00
	2	AED	600,00	AED	600,00
	3	AED	400,00	AED	400,00
60 plus	1	AED	1.000,00	AED	1.000,00
	2	AED	600,00	AED	600,00
	3	AED	400,00	AED	400,00
TOTAL		AED	10.000,00	AED	10.000,00

BONUSES					
World Record					
		Man		Woman	
		AED	368.000,00	AED	368.000,00
Course Record					
		Man		Woman	
		AED	18.000,00	AED	18.000,00
Sub 59.00 Man / Sub 65.30 Woman					
		Man		Woman	
1	AED	20.000,00	AED	20.000,00	
2	AED	12.000,00	AED	12.000,00	
3	AED	8.000,00	AED	8.000,00	
	AED	40.000,00	AED	40.000,00	



- Only runners, who are awarded an official time by crossing the Finish Line wearing their registered timing tag, will be entitled to prize money. In addition, all prize winners must have a recorded time at each of the timing checkpoints along the course. No tag, No Time, No Prize Money!
- Only runners who fall within the finish positions as indicated in the prize money structure of the race, will be entitled to prize money in their respective categories. Kindly make sure to review the prize money structure of your race.
- In the event of an athlete failing the dope test, he/she will not be eligible for prize money or an official time and will be disqualified from the race. Such athletes may also be reported to the National Federation and/or the IAAF.
- No prize money will be paid until the complete results of the doping test have been received and the race judges have issued their final decisions.
- Prize winners declared post event must submit their proof of age, as original identification documents will be required by the event organizers in order to proceed with the disbursement.
- Legitimately claimed prize winnings will be paid only to bank accounts of the named winner, licensed Athlete Manager or Parent/Guardian (for those 18 or under)
- International payments will be converted at the prevailing bank exchange rate.
- Local and international banking transfer fees will be deducted from the prize winnings.
- Prize winnings not claimed within 30 days will be forfeited; no future claim will be entertained.
- Each runner is allowed only one prize money.
- There will be strictly no transfer of prize money between race categories.
- The Executive Organizing Committee reserves the right to substitute any prize at its discretion for an equal or greater value prize. The decision of the officially appointed judges and the Race Director is final.

COMPLAINTS

For all matters the general UAE Athletic Federation regulations are applicable. Race judges may disqualify athletes not having passed the detection points located along the route.

PRIVACY POLICY

We inform you that the data released in the registration form will be treated as autonomous Holders by the RAKTDA for the registration and management of the event by RCS Sports and Events DMCC ("RCS") and Gulf Multi Sport.

To process the enrollment in the event and to provide custom services, Holders must treat certain identification data necessary for the provision of services.

The personal data provided will be recorded and stored on protected electronic media and treated with appropriate security measures also associating and integrating them with other databases.

The data may be disclosed where necessary to provide the service, to RCS suppliers, as well as to companies that perform on our behalf technical or organizational tasks for the provision of the required services. Purposes of usage of the data provided during the registration are the following:

1. a) Management of event entry.
2. b) Event management.
3. c) Publication and dissemination of race rankings (e.g. First Name, Last Name, race time, ranking position)
4. d) Sending newsletter communications regarding the events promoted by RAKTDA or RCS



5. e) Only with your express consent, your data may be used to perform statistical analysis, market surveys and to send commercial information about products and promotional activities of RAKTDA or RCS
6. f) Always with your consent, the data may be used for profiling, that can be done by: a) handling, in automated mode, of the personal details of users authenticated in connection with the use of the service; b) personal data crossing, collected in relation to the supply and to the use of more features different from those made available by the user; c) use of other identifiers necessary to attribute to certain individuals, identified or identifiable, specific actions or behavioral patterns recurring in the use of the features offered.
7. g) Finally, with your express consent, such data may be provided to other companies operating in publishing, finance, insurance, automotive, energy, consumer goods, humanitarian and charity organizations which will contact you as Holders of independent initiatives - the updated list is at your disposal and can be requested from the Responsible of data processing at the address below - for statistical analysis, market surveys and to send commercial information about products and promotions.

Communications for market research or commercial information on products and promotional initiatives can be made by postal mail, email, telemarketing, SMS, MMS.

Additional data may be requested, if required for the provision of additional services.

At any time you can re-read the information and modify previously delivered consents, verify and/or change the status of active services and request additional ones.

The provision of data is optional, except for those listed as mandatory for event registration. You have the right to know, at any time, what are your data and how they are used. You also have the right to update, supplement, correct or delete the data, to request blocking of data and to object to their treatment.

SANCTIONS PROVIDED IN CASE OF FRAUDULENT PARTICIPATION TO RACE

The participant is responsible for the ownership and custody of their bib number, acquiring the right to use all the services mentioned in this Regulation and subsequently communicated.

1. a) Any person who, without regular entry, participates without bib, in addition to being held liable for damage to persons or property, including himself, will incur disciplinary measures of competence of the federal bodies and may be liable for criminal sanctions for the crime of "theft"
2. b) Any person who, without regular entry, participates with a counterfeit bib or otherwise not in accordance with the number assignment, in addition to being responsible as mentioned above, will incur the sporting sanctions and, in addition, will be liable to the penal sanctions provided for the crime of "theft", or, alternatively, for the crime of "fraud".

In cases a) and b) participants may be subject to the penalties provided for the crime of "failure to comply with the authority measures". The above case will be seen only after verification of photographic documentation and / or video.

WAIVER OF LIABILITY

By subscribing to The RAK Half Marathon 2020, the athlete declares to know and to oblige these rules and to entirely accept the following waiver of liability.



"I, the undersigned, in consideration of and as a condition of acceptance of my entry in the footrace for myself, my heirs, executors and administrators hereby waive any claim, right of claim, cause of any action which I or they might have arising out of loss of my life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course or consequent upon my entry or participation in the event.

I know that running a road race is a potentially hazardous activity. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather, traffic and the conditions of the road, all such risks being known and appreciated by me.

This waiver, release and discharge shall be and operate separately in favor of all persons, corporations and bodies involved with or otherwise engaged in promoting or staging the event and the servants, agents, representatives and officers of any of them.

I satisfy all entry requirements as set out.

I attest that I am physically fit and medically able to run part or the entirety of the course without jeopardizing my health or life and consent to receive medical treatment that may be advisable in the event of illness or injuries suffered by me during this event.

I give free permission for the free use of my name, voice or picture in any broadcast, telecast, advertising promotion or other account of this event.

Should the event be cancelled for any reason whatsoever I understand that entry fees will not be refunded and that no liability of any kind will attach to any person, corporation or body involved in connection with the event.

I agree to abide by the conditions of the event as stated in the declaration above and upon literature and other material distributed in connection with the event.

The organizer reserves the right to reject any entry, and further reserves the right to change the details of the above referenced event without prior notice."

RACE CANCELLATION

If the race is canceled and/or otherwise not carried out for any reason not related to and beyond the will of the organizers, including the revocation of race authorization by competent Public Authorities, the enrolled athlete will have nothing to claim from organizers or other co-organizers, even in the form of reimbursement of the costs incurred and to be incurred. The enrollment itself is valid as a waiver of any claim for financial damages already suffered and to be suffered in the future.

FINAL REMARKS

The Organizing Committee reserves to modify these rules at any time for reasons it deems appropriate for a better organization of the race, after having obtained approval from UAE Athletic Federation. For matters not covered by this Regulation the statutory technical regulations of UAE Athletic Federation are applicable.

Modifications to services, venues and timetables will be communicated to registered athletes or will be posted on the website www.therakhalfmarathon.com. In addition to the documentation containing the information required for taking part in the race it will be handed out alongside the bib.